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# University of Pretoria Yearbook 2018

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## Exercise science 704 (MBK 704)

**Qualification** Postgraduate

**Faculty** [Faculty of Humanities](#)

**Module credits** 27.00

**Prerequisites** No prerequisites.

**Language of tuition** Afrikaans and English are used in one class

**Department** Sport and Leisure Studies

**Period of presentation** Year

### Module content

The line of thought in exercise science is to include the basic principles of physiology and exercise science so that it is useful to both the sportsman as well as the person who exercises on a regular basis in the planning of exercise programmes for various sports or situations. (3 hour contact time per week with work assignments for the following week.)

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